



## PESSARY GUIDELINES / PESARIOS

MY MEDICAL pessaries are 100% silicone pessaries that are used in the management of vaginal prolapse of the urogenital organs.

MY MEDICAL pessaries are soft and pliable, making them easy to insert and remove. Through the many sizes and shapes that are available.

### PESSARY GUIDE



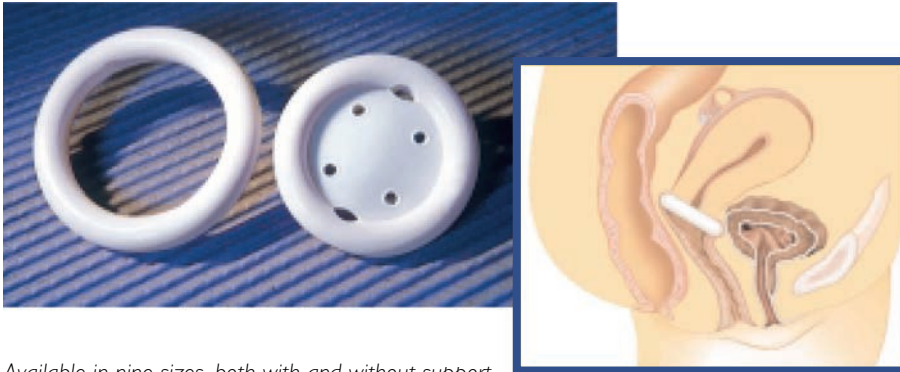
MODEL	PROLAPSE		CYSTOCELE	RECTOCELE	STRESS INCONTINENCE	RETRO DISPLACEMENT	INCOMPETENT CERVIX	COITUS WITH PESSARY IN
	1st-2nd Degree	2nd-3rd Degree						
RING								YES
OVAL								YES
SHAATZ								YES
DISH								YES
MAR-LAND								YES
GELLHORN								NO
DONUT								NO
CUBE								NO
GERHUNG								YES
HODGE								YES
RING KNOB								YES

#### TO DESINFECT PESSARIES, USE ANY OF THESE PRECEDURES:

- Autoclave at 15lbs. of pressure at 250°F or 121°C for a period of 10 minutes. DONUT PESSARIES CANNOT BE AUTOCLAVED.
- Boil for 15 minutes.
- Cold sterilize with CIDEX (Johnson & Johnson) or CHLOREPHENYL (Bard-Parker)



## THE RING PESSARY

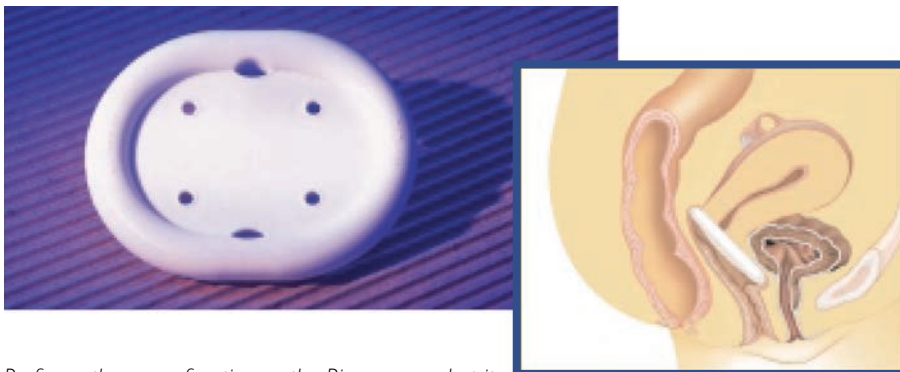


Available in nine sizes, both with and without support, this is a very common pessary for a first to second degree prolapse. The ring with support can also be used on an accompanying CYSTOCELE. Insertion is eased with the folding action of the Ring.

### SIZES AVAILABLE

Rings w/o Support		Rings w/ Support		mm
BR2.00	#1	BR2.00S	#1	50.8
BR2.25	#2	BR2.25S	#2	57.15
BR2.50	#3	BR2.50S	#3	63.5
BR2.75	#4	BR2.75S	#4	69.85
BR3.00	#5	BR3.00S	#5	76.2
BR3.25	#6	BR3.25S	#6	82.55
BR3.50	#7	BR3.50S	#7	88.9
BR3.75	#8	BR3.75S	#8	95.25
BR4.00	#9	BR4.00S	#9	101.6

## THE OVAL PESSARY

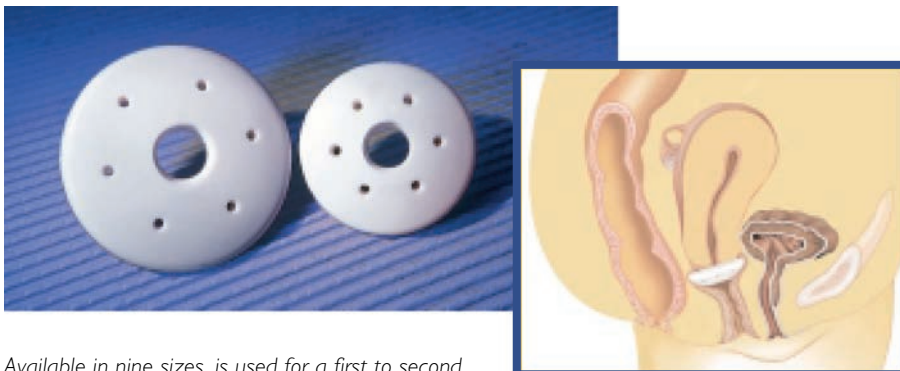


Performs the same function as the Ring pessary but it is designed specifically to fit a narrow vaginal vault. It is available in nine sizes, all with support, and is used for a first to second degree PROLAPSE as well as an accompanying CYSTOCELE.

### SIZES AVAILABLE

Oval w/ Support	mm
BOV2.00S	#1 50.8
BOV2.25S	#2 57.15
BOV2.50S	#3 63.5
BOV2.75S	#4 69.85
BOV3.00S	#5 76.2
BOV3.25S	#6 82.55
BOV3.50S	#7 88.9
BOV3.75S	#8 95.25
BOV4.00S	#9 101.6

## SHAATZ



Available in nine sizes, is used for a first to second degree PROLAPSE an accompanying CYSTOCELE.

### SIZES AVAILABLE

Shaatz	mm
BSH1.50	#0 38.1
BSH1.75	#1 44.45
BSH2.00	#2 50.8
BSH2.25	#3 57.15
BSH2.50	#4 63.5
BSH2.75	#5 69.85
BSH3.00	#6 76.2
BSH3.25	#7 82.55
BSH3.50	#8 88.9



## DISH



The incontinence dish is used to relieve stress INCONTINENCE and minor degree of PROLAPSE. The incontinence dish comes with and without support, it is available in eight different sizes.

### SIZES AVAILABLE

Dish w/o Support	Dish w/Support	mm
BDSH50 #0	BDSH50S #0	50
BDSH55 #1	BDSH55S #1	55
BDSH60 #2	BDSH60S #2	60
BDSH65 #3	BDSH65S #3	65
BDSH70 #4	BDSH70S #4	70
BDSH75 #5	BDSH75S #5	75
BDSH80 #6	BDSH80S #6	80
BDSH85 #7	BDSH85S #7	85

## MAR-LAND



Used for STRESS INCONTINENCE and minor PROLAPSE. It is available both with and without support in seven different sizes.

### SIZES AVAILABLE

Mar-Land w/o Support	Mar-Land w/Support	mm
BM2.25 #2	BM2.25S #2	57.15
BM2.50 #3	BM2.50S #3	63.5
BM2.75 #4	BM2.75S #4	69.85
BM3.00 #5	BM3.00S #5	76.2
BM3.25 #6	BM3.25S #6	82.55
BM3.50 #7	BM3.50S #7	88.9
BM3.75 #8	BM3.75S #8	95.25

## GELLHORN



Used for a second to third degree PROLAPSE, or procedentia. It has drainage holes in its base and comes in nine sizes. The knob of the Gellhorn easily folds over for insertion, and once in place rests on the posterior vaginal wall.

### SIZES AVAILABLE

Gellhorn	mm
BG1.50D #0	38.1
BG1.75D #1	44.45
BG2.00D #2	50.8
BG2.25D #3	57.15
BG2.50D #4	63.5
BG2.75D #5	69.85
BG3.00D #6	76.2
BG3.25D #7	82.55
BG3.50D #8	88.9



## DONUT

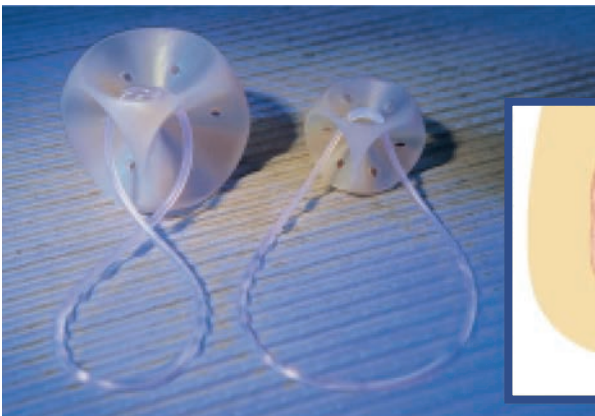


Designed for third degree PROLAPSE as well as CYSTOCELE and RECTOCELE. The soft donut can be compressed for insertion. It is available in seven sizes,

### SIZES AVAILABLE

Donut		mm
BD2.00	#0	50.8
BD2.25	#1	57.15
BD2.50	#2	63.5
BD2.75	#3	69.85
BD3.00	#4	76.2
BD3.25	#5	82.55
BD3.50	#6	88.9

## CUBE

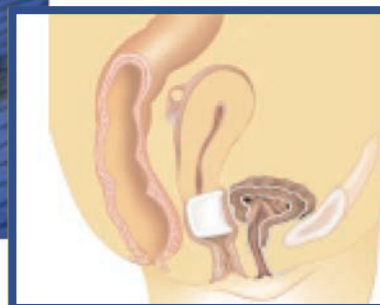


Designed for third degree PROLAPSE, including procedentia, as well as CYSTOCELE and RECTOCELE. The CUBE pessary is available both with and without drainage holes and has a silicone tie to aid in removal. The Cube is available in eleven sizes.

### SIZES AVAILABLE

Cube w/o Drain		Cube w/Drain		mm
BCU25	#0	BCU25D	#0	25
BCU29	#1	BCU29D	#1	29
BCU33	#2	BCU33D	#2	33
BCU37	#3	BCU37D	#3	37
BCU41	#4	BCU41D	#4	41
BCU45	#5	BCU45D	#5	45
BCU50	#6	BCU50D	#6	50
BCU56	#7	BCU56D	#7	56
BCU63	#8	BCU63D	#8	63
BCU 70	#9	BCU 70D	#9	70
BCU75	#10	BCU75D	#10	75

## GEHRUNG



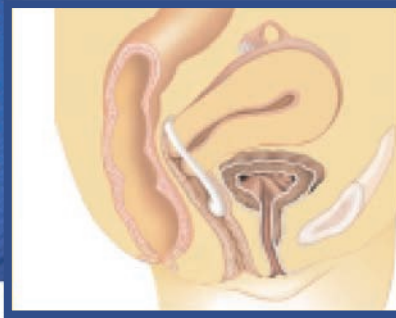
The Gehrung pessary has wires that allow it to be manually shaped for different anatomies. It is used to support both CYSTOCELES and RECTOCELES as well as second to third degree UTERINE PROLAPSE. It is available in nine sizes. Because of the shapable wires, the Gehrung pessary must be removed during x-rays, ultrasounds and MRIs.

### SIZES AVAILABLE

Gehrung		mm
BGH50S	#0	50
BGH55S	#1	55
BGH60S	#2	60
BGH65S	#3	65
BGH70S	#4	70
BGH75S	#5	75
BGH80S	#6	80
BGH85S	#7	85
BGH90S	#8	90



## HODGE



Has wires that allow it to be manually shaped for different anatomies. It can be used for a first to second degree prolapse, SYSTOCELE, STRESS INCONTINENECE and an incompetent cervix or uterine retroversion. It is available in ten sizes both with and without support. Because of the shapable wires, the Hodge pessary must be removed during x/rays, ultrasounds an MRIs.

### SIZES AVAILABLE

Hodge w/o Support		Hodge w/ Support		mm
BHD65	#0	BHD65S	#0	65
BHD70	#1	BHD70S	#1	70
BHD75	#2	BHD75S	#2	75
BHD80	#3	BHD80S	#3	80
BHD85	#4	BHD85S	#4	85
BHD90	#5	BHD90S	#5	90
BHD95	#6	BHD95S	#6	95
BHD100	#7	BHD100S	#7	100
BHD105	#8	BHD105S	#8	105
BHD110	#9	BHD110S	#9	110

## THE RING KNOB BOTON PESSARY



Available in nine sizes, both with and without support, this is a very common pessary for mild prolapse complicated by a mild CYSTOCELE and stress urinary incontinence.

### SIZES AVAILABLE

RKB w/o Support		RKB w/ Support		mm
BRK2.00	#1	BRK2.00S	#1	50.8
BRK2.25	#2	BRK2.25S	#2	57.15
BRK2.50	#3	BRK2.50S	#3	63.5
BRK2.75	#4	BRK2.75S	#4	69.85
BRK3.00	#5	BRK3.00S	#5	76.2
BRK3.25	#6	BRK3.25S	#6	82.55
BRK3.50	#7	BRK3.50S	#7	88.9
BRK3.75	#8	BRK3.75S	#8	95.25
BRK4.00	#9	BRK4.00S	#9	101.6